

# BENSHAM RESOURCE CENTRE

## Day Service for People with Learning Disabilities and Autism

377 Bensham Lane, Thornton Heath, CR7 7ER – T: 0208 683 1721  
Email: [brc@benshamcentre.co.uk](mailto:brc@benshamcentre.co.uk) - Website: [www.benshamcentre.co.uk](http://www.benshamcentre.co.uk)

### REFERRAL FORM



| Please fill in this form and return to us together with your Support Plan                                                           |                                                                |
|-------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|
| <p><b>Your Name:</b></p>                           | <p>Your preferred pronoun: He / She / They (Please circle)</p> |
| <p><b>Your Address</b></p>                       |                                                                |
| <p><b>Your phone Number</b></p>                  |                                                                |
| <p><b>Person to contact in an Emergency</b></p>  |                                                                |

## The information we need from you



**My Date of Birth:** .....

**My Gender:** .....

**My Ethnicity:** .....

**My Religion:** .....

**My Nationality:** .....

**Preferred Spoken Language:**  
.....

**Previous or Current Placement:** .....

## Who are the main people who support you



**Family/Friends:**  
.....

**Next of Kin:** .....

**Care Manager (Name & Phone Number):**  
.....

**GP (Name, Address & Telephone Number):**  
.....

## Before you begin attending BRC we will send you or ask you to complete:



**A signed attendance agreement that agrees price and your chosen days for activities**

**Who will be funding your attendance to the Centre:**

**Local Authority:** .....  
**Name:** .....

**Telephone:** .....

**Email Address:** .....

## Activities Pictorial Timetable Example

| Bensham Resource Centre<br>Person Centred Plan of Activities |                     |                     |                           |                  |
|--------------------------------------------------------------|---------------------|---------------------|---------------------------|------------------|
| Name: Mrs Sample                                             |                     | Term Dates:         |                           |                  |
| Time                                                         | Monday              | Tuesday             | Wednesday                 | Friday           |
| 9:30 - 10:45                                                 | Library             | Cooking             | Keep Fit<br>10.15 - 11.15 | Computer         |
| 10:45 - 11:00                                                | Drinks and Biscuits | Drinks and Biscuits | Drinks and Biscuits       | Discussion Group |
| 11:00 - 12:00                                                | Construction        | Cooking             | Drinks                    | Drinks and Toast |
| 12:00 - 12:45                                                | Lunch               | Lunch               | Lunch                     | Lunch            |
| 12:45 - 1:30                                                 | Tidying             | Tidying             | Tidying                   | Tidying          |



**We will keep all your information secure and confidential and will only share with others as required in the process of delivering care and support to you.**

**Do we have your agreement?**

**Yes**

**No**



**We will use your pictures for promotional materials, newsletters, website.**

**Do we have your agreement?**

**Yes**

**No**

### What food/ drink do you like & dislike

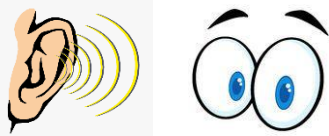


## Likes



## Dislikes



|                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p align="center"><b>Please give us information on any difficulties you have/support needs, and advice on how we can support you with this difficulty</b></p> |                                                                                                                                                                                                                                                                                                                          |
| <p align="center"><b>Diagnosis</b></p>                                       | <p><b>Have you had a diagnosis of:</b></p> <p><b>Please circle: Autism / Asperger's / ADHD, L/D, OCD</b></p> <p><b>Other: .....</b></p>                                                                                                                                                                                  |
| <p align="center"><b>Problems Hearing/Seeing</b></p>                         | <p><b>Hearing:</b></p> <p><b>Seeing:</b></p>                                                                                                                                                                                                                                                                             |
| <p align="center"><b>Problems Speaking</b></p>                               | <p><b>Please circle:</b></p> <p><b>Verbal / Verbal Assisted by PECS / Makaton / Sign along / pointing, gestures and leading</b></p> <p><b>Other: .....</b></p> <p><b>Non-Verbal / Assisted by PECS and symbols / Makaton, Vocalisation (noises) / I-pad or other communication device</b></p> <p><b>Other: .....</b></p> |
| <p align="center"><b>Walking / Wheel chair user</b></p>                    | <p><b>Please describe any mobility support required:</b></p>                                                                                                                                                                                                                                                             |
| <p align="center"><b>Visiting the Bathroom</b></p>                         | <p><b>Please circle: Level of support required</b></p> <p><b>Need support at all times / Require reminders / Independent</b></p> <p><b>Other: .....</b></p>                                                                                                                                                              |
| <p align="center"><b>Eating and Drinking</b></p>                           | <p><b>Do you need support when eating or drinking?</b></p>                                                                                                                                                                                                                                                               |
| <p align="center"><b>Epilepsy/ Medical conditions/Alergies</b></p>         |                                                                                                                                                                                                                                                                                                                          |

|                                                                                                                                        |                                                                                                                                                                                                                                                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Mental Health difficulties</b><br><br>             |                                                                                                                                                                                                                                                                                           |
| <b>Displaying anxiety</b><br><br>                     | <b>Please circle:</b><br><br><b>Self-harming behaviour / Absconding / Shouting and Swearing / Physical attack / Withdrawal / Depression</b><br><br><b>Other: .....</b>                                                                                                                    |
| <b>Levels of Independence</b>                                                                                                          | <b>Please circle:</b><br><br><b>Needs support at all times / Needs support on public transport / Can travel independently</b><br><br><b>Other: .....</b>                                                                                                                                  |
| <b>Your reaction to group settings</b><br><br>       | <b>What is your reaction to group settings: Please circle:</b><br><br><b>Once settled is at ease in most groups</b><br><br><b>Once settled is at ease in small groups</b><br><br><b>Finds group difficult</b><br><br><b>Is very unhappy in a group setting</b><br><br><b>Other: .....</b> |
| <b>What are your hobbies and interests</b><br><br> |                                                                                                                                                                                                                                                                                           |

**What Activities would you like to participate in?**  
**Please tick those you like**

|                                                                                                               |                                                                                                             |                                                                                                       |                                                                                                                         |                                                                                                               |
|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| <b>Arts &amp; Crafts</b><br> | <b>Shopping Skills</b><br> | <b>Keep Fit</b><br>  | <b>Computer</b><br>                  | <b>Games</b><br>           |
| <b>Cooking</b><br>           | <b>Music Therapy</b><br>   | <b>Gardening</b><br> | <b>Discussion Group</b><br>          | <b>Hair and Beauty</b><br> |
| <b>Pottery</b><br>         | <b>Library</b><br>       | <b>Massage</b><br> | <b>Numeracy and Literacy</b><br>   | <b>Music</b><br>         |
| <b>Outings</b><br>         | <b>Sensory</b><br>       | <b>Sports</b><br>  | <b>Light Lunch Preparation</b><br> | <b>Your suggestion:</b>                                                                                       |

### You can contact us by



**Telephone:**

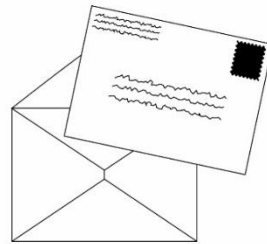
**Number:** 020 8683 1721 / 0208 665 5258



**Email:**

Darina Waldron – Deputy Manager  
brc@benshamcentre.co.uk

**Website:** [www.benshamcentre.co.uk](http://www.benshamcentre.co.uk)



**Post :**

Bensham Resource Centre  
377 - 379 Bensham Lane  
Thornton Heath  
CR7 7ER

### Pease Sign the completed form

**Signature**

Date:

**If someone is signing on your behalf:**

**Name/ Relationship:**

Date:

**Signature**